NAME: Alessandra Di Pisa DATE OF BIRTH: 7 January 1977 NATIONALITY: Swedish MARITAL STATUS: Single



My need to do "right" can interfere with my productivity. I can get caught up in the details and miss the bigger picture. I can set unreasonably high standards for myself and others, and I can be very critical of others when they do not live up to my high standards. I avoid working in teams, when I believe others to be too careless or incompetent. I can have difficulty expressing emotion.

I'm not receptive, accepting, unselfconscious, emotionally stable or serene. I don't trust myself or others and I'm not at ease with myself and my life. I'm not patient or unpretentious. I'm not optimistic, reassuring or supportive. I don't have a healing and calming influence. I don't bring harmony into groups and I don't bringing people together. I'm not a good mediator, synthesiser or communicator. I'm not self-possessed and I don't feel autonomous or fulfilled.

I am a bit more depressed than happy. I sometimes get mood swings and bouts of anger. Sometimes I will take my anger out on myself. I can think in very black and white terms and form intense, conflict-ridden relationships. I might be quick to anger when my expectations are not met. I don't fear conflicts, so I don't "go along" with others wishes, saying "yes" to things I do not really want to do. I don't fall into conventional roles and expectations. I'm not into wishful thinking, and magical solutions. I don't feel incapable of facing problems.

I can be an attention seeker. Sometimes I need to be the centre of attention and I might interrupt others in order to dominate the conversation. I can use grandiose language to describe everyday events and seek constant praise. I sometimes dress provocatively or exaggerate illnesses in order to gain attention. I can be manipulative. I can be fearful of being rejected and worry about embarrassing myself in front of others. I sometimes feel inadequate and avoid social situations. I can create fantasy worlds to sub-stitute for the real one.

I have a need to be taken care of. I cling to people and fear losing them. I may become suicidal when a break-up is imminent. I tend to let others make important decisions for me and often jump from relationship to relationship. I often remain in abusive relationships. I am overly sensitive to disapproval. I often feel helpless and depressed.